

NHR: Heritage Room ML: Mulligan Lobby MR: Meditation Room R: Riley's	<b>Norwood Crossing          Activity Calendar          January 1 – January 7</b>	AL: Assisted Living NC: Northcott AS: Art Studio BF: Brain Fitness
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<b>Sunday January 1</b>	<b>Monday January 2</b>	<b>Tuesday January 3</b>	<b>Wednesday January 4</b>	<b>Thursday January 5</b>	<b>Friday January 6</b>	<b>Saturday January 7</b>
<p><b>10:15</b> – Church Service – NHR</p> <p><b>1:30</b> – Movie: <i>The Jazz Singer</i> (1927; 1h 28m) – NHR</p> <p><b>2:00</b> Dance Around the World – 3AL</p> <p><b>3:00</b> – Card Making – 3AL</p> <p><b>6:15</b> – Expressive Art – 4N</p> <p><b>6:30</b> – Expressive Movement - 2N</p> <p><b>6:30</b> – Trivial Pursuit – 3AL</p>	<p><b>9:00</b> Table Talk – 1NC</p> <p><b>9:15</b> – Spa/Manicures – 1NC</p> <p><b>10:15</b> – Spa/Manicures – 2AL</p> <p><b>10:15</b> – Storytelling with Your Body – NHR</p> <p><b>11:00</b> – Forever Fit – NHR</p> <p><b>2:00</b> – Pokeno – NHR</p> <p><b>3:15</b> – Parkinson Living Room – MR</p> <p><b>6:15</b> – Horse Racing – NHR</p>	<p><b>8:45</b> – Exercise Your Mind – 3NC</p> <p><b>9:15</b> – Create Your Way – 4AL</p> <p><b>9:45</b> – Shopping: Walgreens – 20% off Senior Day Sale!</p> <p><b>10:15</b> – Hymn Fest – NHR</p> <p><b>11:00</b> – Sit &amp; Fit – NHR</p> <p><b>2:30</b> – Birthday Party! – NHR</p> <p><b>6:15</b> – Virtual Art Museum – 3AL</p> <p><b>6:30</b> – Pray the Rosary - ML</p>	<p><b>8:30</b> – Table Talk – 2NC</p> <p><b>10:15</b> – Discovering Chicago – 3AL</p> <p><b>11:00</b> – Forever Fit – NHR</p> <p><b>1:30</b> – Creative Corner – 2NC</p> <p><b>2:00</b> – Movie &amp; Popcorn: <i>Pay it Forward</i> (2000; 2hr 3m) - NHR</p> <p><b>3:30</b> - Gutsy Dice – 2AL</p> <p><b>6:15</b> – Expressive Music</p>	<p><b>9:15</b> – Spa/Manicures – 2NC</p> <p><b>9:45</b> Bowling – NHR</p> <p><b>10:45</b> – Music Appreciation – 3AL</p> <p><b>11:00</b> – Lunch Outing: Lou Malnati's</p> <p><b>11:15</b> – Sit &amp; Fit – NHR</p> <p><b>1:30</b> – Open Art Studio – ML</p> <p><b>2:00</b> – Catholic Mass – NHR</p> <p><b>3:00</b> – Bingo – NHR</p> <p><b>6:15</b> – Evening Relaxation – ML</p>	<p><b>8:45</b> What's Happening! – 1NC</p> <p><b>9:15</b> Stretch it Out! – ML</p> <p><b>9:30</b> – Kitchenless Cooking – 2AL</p> <p><b>9:45</b> - Current Events – BF</p> <p><b>10:30</b> – Bible Study – NHR</p> <p><b>11:00</b> – Senior Olympics – MR</p> <p><b>2:00</b> – Pray the Rosary – NHR</p> <p><b>2:15</b> – Gab &amp; Games – 3AL</p> <p><b>3:00</b> – Porch Group – MR</p> <p><b>6:15</b> – Yarn Art – ML</p>	<p><b>8:45</b> – Spa/Manicures – 3NC</p> <p><b>10:00</b> Think About It! – ML</p> <p><b>10:30</b> – Drum Circle – NHR</p> <p><b>2:00</b> – Happy Hour Bingo – NHR</p> <p><b>3:15</b> – Mindful Mandalas – NHR</p> <p><b>6:15</b> – Name That Tune! – 3N</p>

NHR: Heritage Room ML: Mulligan Lobby MR: Meditation Room R: Riley's	<b>Norwood Crossing          Activity Calendar          January 8 – January 14</b>	AL: Assisted Living NC: Northcott AS: Art Studio BF: Brain Fitness
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<b>Sunday January 8</b>	<b>Monday January 9</b>	<b>Tuesday January 10</b>	<b>Wednesday January 11</b>	<b>Thursday January 12</b>	<b>Friday January 13</b>	<b>Saturday January 14</b>
<p><b>9:00</b> – Outing/Catholic Mass at IC</p> <p><b>10:15</b> – Church Service – NHR</p> <p><b>2:00</b> Dance Around the World – 3AL</p> <p><b>2:30</b> – <b>Service of Remembrance - NHR</b></p> <p><b>3:00</b> – Card Making – 3AL</p> <p><b>6:15</b> – Expressive Art – 4N</p> <p><b>6:30</b> – Expressive Movement - 2N</p> <p><b>6:30</b> – Trivial Pursuit – 3AL</p>	<p><b>9:00</b> Table Talk – 1NC</p> <p><b>9:15</b> – Spa/Manicures – 1NC</p> <p><b>10:15</b> – Spa/Manicures – 2AL</p> <p><b>10:15</b> – Storytelling with Your Body – NHR</p> <p><b>11:00</b> – Forever Fit – NHR</p> <p><b>2:00</b> – Pokeno – NHR</p> <p><b>3:00</b> – Piano with Paul Hutton – NHR</p> <p><b>3:15</b> – Parkinson Living Room – MR</p> <p><b>6:15</b> – Horse Racing – NHR</p> <p><b>6:15</b> – Expressive Art – 2N</p>	<p><b>8:45</b> – Exercise Your Mind – 3NC</p> <p><b>9:15</b> – Create Your Way – 4AL</p> <p><b>10:15</b> – Puzzled – 3AL</p> <p><b>10:15</b> – Hymn Fest – NHR</p> <p><b>11:00</b> – Sit &amp; Fit – NHR</p> <p><b>2:30</b> – Wheel of Trivia – NHR</p> <p><b>6:15</b> – Virtual Art Museum – 3AL</p> <p><b>6:30</b> – Pray the Rosary - ML</p>	<p><b>8:30</b> – Table Talk – 2NC</p> <p><b>9:45</b> – Shopping: Shop and Save</p> <p><b>11:00</b> – Forever Fit – NHR</p> <p><b>1:30</b> – Creative Corner – 2NC</p> <p><b>2:00</b> – Movie &amp; Popcorn: <i>Masterpiece Classic: The Diary of Anne Frank</i> (2009; 1h 40m) - NHR</p> <p><b>2:15</b> –Ladies’ Club – 3AL</p> <p><b>6:15</b> – Expressive Music - ML</p>	<p><b>9:15</b> – Spa/Manicures – 2NC</p> <p><b>9:45</b> - Bowling – NHR</p> <p><b>10:45</b> – Music Appreciation – 3AL</p> <p><b>11:00</b> – Sit &amp; Fit – NHR</p> <p><b>1:30</b> – Open Art Studio – ML</p> <p><b>2:00</b> – Catholic Mass – NHR</p> <p><b>3:00</b> – Bingo – NHR</p> <p><b>6:15</b> – Evening Relaxation – ML</p>	<p><b>8:45</b> What’s Happening! – 1NC</p> <p><b>9:15</b> - Stretch it Out! – ML</p> <p><b>9:30</b> – Kitchenless Cooking – 2AL</p> <p><b>9:45</b> Current Events – BF</p> <p><b>10:30</b> – Bible Study – NHR</p> <p><b>11:00</b> – Senior Olympics – MR</p> <p><b>2:00</b> – Pray the Rosary – NHR</p> <p><b>2:15</b> – Gab &amp; Games – 3AL</p> <p><b>3:00</b> Piano with Paul Hutton – NHR</p> <p><b>3:00</b> – Porch Group – MR</p> <p><b>6:15</b> – Yarn Art – ML</p>	<p><b>8:45</b> – Spa/Manicures – 3NC</p> <p><b>10:00</b> Think About It! – ML</p> <p><b>10:30</b> – Drum Circle - NHR</p> <p><b>2:00</b> – <b>Live Entertainment – NHR</b></p> <p><b>3:15</b> – Mindful Mandalas – NHR</p> <p><b>6:15</b> – <b>Saturday Night at the Movies: <i>Fever Pitch</i> (2005; 1h 43m)– NHR</b></p>

NHR: Heritage Room ML: Mulligan Lobby MR: Meditation Room R: Riley's	<b>Norwood Crossing          Activity Calendar          January 15 – January 21</b>	AL: Assisted Living NC: Northcott AS: Art Studio BF: Brain Fitness
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<b>Sunday January 15</b>	<b>Monday January 16</b>	<b>Tuesday January 17</b>	<b>Wednesday January 18</b>	<b>Thursday January 19</b>	<b>Friday January 20</b>	<b>Saturday January 21</b>
<p><b>9:00</b> – Outing/Catholic Mass at IC</p> <p><b>10:15</b> – Church Service – NHR</p> <p><b>2:00</b> – <b>Entertainment: Momentum- NHR</b></p> <p><b>2:00</b> Dance Around the World – 3AL</p> <p><b>3:00</b> – Card Making – 3AL</p> <p><b>6:15</b> – Expressive Art – 4N</p> <p><b>6:30</b> – Expressive Movement - 2N</p> <p><b>6:30</b> – Trivial Pursuit – 3AL</p>	<p><b>9:00</b> Table Talk – 1NC</p> <p><b>9:15</b> – Spa/Manicures – 1NC</p> <p><b>10:15</b> – Spa/Manicures – 2AL</p> <p><b>10:15</b> – Storytelling with Your Body – NHR</p> <p><b>11:00</b> – Forever Fit – NHR</p> <p><b>2:00</b> – Pokeno – NHR</p> <p><b>3:00</b> – Piano with Paul Hutton – NHR</p> <p><b>3:15</b> – Parkinson Living Room – MR</p> <p><b>6:15</b> – Horse Racing – NHR</p> <p><b>6:15</b> – Expressive Art – 2N</p>	<p><b>8:45</b> – Exercise Your Mind – 3NC</p> <p><b>9:15</b> – Create Your Way – 4AL</p> <p><b>10:15</b> – Puzzled – 3AL</p> <p><b>10:15</b> – Hymn Fest – NHR</p> <p><b>11:00</b> – Sit &amp; Fit – NHR</p> <p><b>2:00</b> –Explore Your World– NHR</p> <p><b>6:15</b> – Virtual Art Museum – 3AL</p> <p><b>6:30</b> – Pray the Rosary - ML</p>	<p><b>8:30</b> – Table Talk – 2NC</p> <p><b>9:45</b> – Shopping: K-mart</p> <p><b>10:15</b> – Discovering Chicago – 3AL</p> <p><b>11:00</b> – Forever Fit – NHR</p> <p><b>1:30</b> – Creative Corner – 2NC</p> <p><b>1:30</b> – Martin Luther King Jr. Day program including a special movie and popcorn – NHR</p> <p><b>3:30</b> – Gutsy Dice - 2AL</p> <p><b>6:15</b> – Expressive Music</p>	<p><b>9:15</b> – Spa/Manicures – 2NC</p> <p><b>9:45</b> - Bowling – NHR</p> <p><b>10:45</b> – Music Appreciation – 3AL</p> <p><b>11:00</b> – Sit &amp; Fit – NHR</p> <p><b>1:30</b> – Open Art Studio – ML</p> <p><b>2:00</b> – Catholic Mass – NHR</p> <p><b>3:00</b> – Bingo – NHR</p> <p><b>6:15</b> – Evening Relaxation – ML</p>	<p><b>8:45</b> What's Happening! – 1NC</p> <p><b>9:15</b> Stretch it Out! – ML</p> <p><b>9:30</b> – Kitchenless Cooking – 2AL</p> <p><b>9:45</b> Current Events – BF</p> <p><b>10:30</b> – Bible Study – NHR</p> <p><b>11:00</b> – Senior Olympics – MR</p> <p><b>2:00</b> – Pray the Rosary – NHR</p> <p><b>2:15</b> – Gab &amp; Games – 3AL</p> <p><b>3:00</b> Piano with Paul Hutton – NHR</p> <p><b>3:00</b> – Porch Group – MR</p> <p><b>6:15</b> – Yarn Art – ML</p>	<p><b>8:45</b> – Spa/Manicures – 3NC</p> <p><b>10:00</b> Think About It! – ML</p> <p><b>10:30</b> – Drum Circle - NHR</p> <p><b>2:00</b> Happy Hour Bingo – NHR</p> <p><b>3:15</b> Mindful Mandalas - NHR</p> <p><b>6:15</b> – Name That Tune! – 3N</p>

NHR: Heritage Room ML: Mulligan Lobby MR: Meditation Room R: Riley's	<b>Norwood Crossing</b> <b>Activity Calendar</b> <b>January 22 – January 28</b>	AL: Assisted Living NC: Northcott AS: Art Studio BF: Brain Fitness
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<b>Sunday</b> <b>January 22</b>	<b>Monday</b> <b>January 23</b>	<b>Tuesday</b> <b>January 24</b>	<b>Wednesday</b> <b>January 25</b>	<b>Thursday</b> <b>January 26</b>	<b>Friday</b> <b>January 27</b>	<b>Saturday</b> <b>January 28</b>
<p><b>9:00</b> – Outing/Catholic Mass at IC</p> <p><b>10:15</b> – Church Service – NHR</p> <p><b>1:30</b> – Movie: - <i>The Band Wagon</i> (1953 1hr 52m) - NHR</p> <p><b>2:00</b> Dance Around the World – 3AL</p> <p><b>3:00</b> – Card Making – 3AL</p> <p><b>6:15</b> – Expressive Art – 4N</p> <p><b>6:30</b> – Expressive Movement - 2N</p> <p><b>6:30</b> – Trivial Pursuit – 3AL</p>	<p><b>9:00</b> Table Talk – 1NC</p> <p><b>9:15</b> – Spa/Manicures – 1NC</p> <p><b>10:15</b> – Spa/Manicures – 2AL</p> <p><b>10:15</b> – Storytelling with Your Body – NHR</p> <p><b>11:00</b> – Forever Fit – NHR</p> <p><b>2:00</b> – Pokeno – NHR</p> <p><b>3:00</b> – Piano with Paul Hutton – NHR</p> <p><b>3:15</b> – Parkinson Living Room – MR</p> <p><b>6:15</b> – Horse Racing – NHR</p> <p><b>6:15</b> – Expressive Art – 2N</p>	<p><b>8:45</b> – Exercise Your Mind – 3NC</p> <p><b>9:15</b> – Create Your Way – 4AL</p> <p><b>10:15</b> – Puzzled – 3AL</p> <p><b>10:15</b> – Hymn Fest – NHR</p> <p><b>11:00</b> – Sit &amp; Fit – NHR</p> <p><b>1:30</b> – Food Forum – NHR</p> <p><b>2:30</b> – Wheel of Trivia - NHR</p> <p><b>6:15</b> – Virtual Art Museum – 3AL</p> <p><b>6:30</b> – Pray the Rosary - ML</p>	<p><b>8:30</b> – Table Talk – 2NC</p> <p><b>9:45</b> – Shopping: Dollar Store</p> <p><b>10:15</b> – Discovering Chicago – 3AL</p> <p><b>11:00</b> – Forever Fit – NHR</p> <p><b>1:30</b> – Creative Corner – 2NC</p> <p><b>2:00</b> – Movie &amp; Popcorn: <i>Phenomenon</i> (1996; 2h 3m) - NHR</p> <p><b>2:15</b> – Ladies’ Club – 3AL</p> <p><b>6:15</b> – Expressive Music</p>	<p><b>9:15</b> – Spa/Manicures – 2NC</p> <p><b>9:45</b> - Bowling – NHR</p> <p><b>10:45</b> – Music Appreciation – 3AL</p> <p><b>11:00</b> – Sit &amp; Fit – NHR</p> <p><b>1:30</b> – Open Art Studio – ML</p> <p><b>2:00</b> – Catholic Mass – NHR</p> <p><b>3:00</b> – Resident Council – NHR</p> <p><b>6:15</b> – Annual Snow Ball with Upscale Trio!– NHR</p>	<p><b>8:45</b> What’s Happening! – 1NC</p> <p><b>9:15</b> Stretch it Out! – ML</p> <p><b>9:30</b> - Kitchenless Cooking – 2AL</p> <p><b>9:45</b> Current Events – BF</p> <p><b>10:30</b> – Bible Study – NHR</p> <p><b>11:00</b> – Senior Olympics – MR</p> <p><b>2:00</b> – Pray the Rosary – NHR</p> <p><b>2:15</b> – Gab &amp; Games – 3AL</p> <p><b>3:00</b> Piano with Paul Hutton – NHR</p> <p><b>3:00</b> – Porch Group – MR</p> <p><b>6:15</b> – Yarn Art – ML</p>	<p><b>8:45</b> – Spa/Manicures – 3NC</p> <p><b>10:00</b> Think About It! – ML</p> <p><b>10:30</b> – Drum Circle - NHR</p> <p><b>2:00</b> – Happy Hour Bingo – NHR</p> <p><b>3:15</b> Mindful Mandalas - NHR</p> <p><b>6:15</b> – Name That Tune! – 3N</p>

NHR: Heritage Room ML: Mulligan Lobby MR: Meditation Room R: Riley's	<b>Norwood Crossing          Activity Calendar          January 29 – January 31</b>	AL: Assisted Living NC: Northcott AS: Art Studio BF: Brain Fitness
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<b>Sunday January 29</b>	<b>Monday January 30</b>	<b>Tuesday January 31</b>				
<p><b>9:00</b> – Outing/Catholic Mass at IC</p> <p><b>10:15</b> – Church Service – NHR</p> <p><b>1:30</b> – Movie – <i>The Man from Snowy River</i> ( 1982; 1h 44 m) NHR</p> <p><b>3:15</b> – Card Making – 3AL</p> <p><b>6:15</b> – Expressive Art – 4N</p> <p><b>6:30</b> – Trivial Pursuit – 3AL</p>	<p><b>9:00</b> Table Talk – 1NC</p> <p><b>9:15</b> – Spa/Manicures – 1NC</p> <p><b>10:15</b> – Spa/Manicures – 2AL</p> <p><b>11:00</b> – Forever Fit – NHR</p> <p><b>2:00</b> – Pokeno – NHR</p> <p><b>3:00</b> – Piano with Paul Hutton – NHR</p> <p><b>6:15</b> – Horse Racing – NHR</p> <p><b>6:15</b> – Expressive Art – 2N</p>	<p><b>8:45</b> – Exercise Your Mind – 3NC</p> <p><b>9:15</b> – Create Your Way – 4AL</p> <p><b>10:15</b> – Puzzled – 3AL</p> <p><b>10:15</b> – Hymn Fest – NHR</p> <p><b>11:00</b> – Sit &amp; Fit – ML</p> <p><b>2:30</b> – Men’s Club – NHR</p> <p><b>6:15</b> – Virtual Art Museum – 3AL</p> <p><b>6:30</b> – Pray the Rosary - ML</p>				



Norwood Crossing Calendar of Events  
2017

Advice is like snow: the softer it falls and the longer it dwells upon, the deeper it sinks into the mind. - Samuel Taylor Coleridge

# SPECIAL EVENTS IN JANUARY

January 3, 2017 2:00 PM: Resident birthday party

January 5, 2017 11:00 AM: Lunch outing; Lou Malnati's

January 8, 2017 2:30 PM: Service of Remembrance

January 14, 2017 2:00 PM: Live Entertainment; Jazz and standards band

## New Events:

Friday mornings: Kitchenless Cooking; Fun foods that do not require a stove or oven to prepare

Changes: Spa/manicures on 2AL moved to Monday 10:15

January 15, 2017 2:00 PM: Live Entertainment; Momentum dance group

January 18, 2017 1:30 PM: Martin Luther King Jr. program featuring a special film & popcorn

January 24, 2017 1:30 PM: Food Forum

January 26, 2017 3:00 PM: Resident Council

January 26, 2017 6:15 PM: Snow Ball with Upscale Trio

## Returning Events:

Ladies' Club: Wednesdays, January 11 and 25, 3:30 in 3AL

Men's Club: Tuesday, January 31, 3:30 in NHR