

NHR: Heritage Room ML: Mulligan Lobby MR: Meditation Room R: Riley's		<b>Norwood Crossing            Activity Calendar            February 1 – February 4</b>			AL: Assisted Living NC: Northcott AS: Art Studio BF: Brain Fitness	
			<b>Wednesday            February 1</b>	<b>Thursday            February 2</b>	<b>Friday            February 3</b>	<b>Saturday            February 4</b>
			<b>8:30</b> – Table Talk – 2NC  <b>9:45</b> – <b>Shopping:            Walmart</b>  <b>10:00</b> – Team Jeopardy– 3AL  <b>11:00</b> – Forever Fit – NHR  <b>1:30</b> – Creative Corner – 2NC  <b>2:00</b> – <b>Bonnie McFarland Memorial Bingo, sponsored by friends - NHR</b>  <b>3:30</b> – BYOB Fitness Group - NHR  <b>6:15</b> – Expressive Music	<b>9:15</b> – Spa/Manicures – 2NC  <b>9:45</b> - Bowling – NHR  <b>10:45</b> – Music Appreciation – 3AL  <b>11:15</b> – Sit & Fit – NHR  <b>1:30</b> – Open Art Studio – ML  <b>2:00</b> – Catholic Mass – NHR  <b>3:00</b> – Bingo – NHR  <b>6:15</b> – Evening Relaxation – ML	<i>Wear Red Day!</i> <b>8:45</b> - What's Happening! – 1NC  <b>9:15</b> - Stretch it Out! – ML  <b>9:30</b> – Kitchenless Cooking – 2AL  <b>9:45</b> - Current Events – BF  <b>10:30</b> – Bible Study – NHR  <b>11:00</b> – Senior Olympics – MR  <b>2:00</b> – Pray the Rosary – NHR  <b>2:15</b> – Gab & Games – 3AL  <b>3:00</b> - Piano with Paul Hutton – NHR  <b>3:00</b> – Porch Group – MR  <b>6:15</b> – Yarn Art – ML	<b>8:45</b> – Spa/Manicures – 3NC  <b>10:00</b> Think About It! – ML  <b>10:30</b> – Drum Circle - NHR  <b>2:00</b> – Happy Hour Bingo – NHR  <b>3:15</b> – Mindful Mandalas– NHR  <b>6:15</b> – Name That Tune! – 3N

NHR: Heritage Room ML: Mulligan Lobby MR: Meditation Room R: Riley's	<b>Norwood Crossing          Activity Calendar          February 5 – February 11</b>	AL: Assisted Living NC: Northcott AS: Art Studio BF: Brain Fitness
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Sunday February 5	Monday February 6	Tuesday February 7	Wednesday February 8	Thursday February 9	Friday February 10	Saturday February 11
<b>9:00</b> – Outing: Catholic Mass at IC  <b>10:15</b> - Church Service – NHR  <b>2:30</b> – <b>Service of the Four Chaplains - NHR</b>  <b>3:00</b> – Card Making – 3AL  <b>6:15</b> – Expressive Art – 4N  <b>6:30</b> – Trivial Pursuit – 3AL	<b>9:00</b> – Table Talk – 1NC  <b>9:15</b> – Spa/Manicures – 1NC  <b>10:15</b> – Spa/Manicures – 2AL  <b>11:00</b> – Forever Fit - NHR  <b>1:00</b> – Piano with Tom – ML  <b>2:00</b> – Pokeno – NHR  <b>3:00</b> – Piano with Paul Hutton – NHR  <b>6:15</b> – Horse Racing – NHR  <b>6:15</b> – Expressive Art – 2N	<b>8:45</b> – Exercise Your Mind – 3NC  <b>9:15</b> – Create Your Way – 4AL  <b>9:45</b> – <b>Shopping: Walgreens: 20% off!</b>  <b>10:15</b> – Hymn Fest – NHR  <b>11:00</b> – Sit & Fit – NHR  <b>2:00</b> – Explore Your World – NHR  <b>3:00</b> – Music show rehearsal - NHR  <b>6:15</b> – Virtual Art Museum – 3AL  <b>6:30</b> – Pray the Rosary - ML	<b>8:30</b> – Table Talk – 2NC  <b>10:15</b> – Discovering Chicago – 3AL  <b>11:00</b> – Forever Fit – NHR  <b>1:30</b> – Creative Corner – 2NC  <b>1:30</b> – Movie and popcorn – <i>A Gentleman's Agreement (1947; 1h58m)</i>  <b>2:15</b> – Women's Club – 3AL  <b>3:30</b> – BYOB Fitness Group - NHR  <b>6:15</b> – Expressive Music – 2N	<b>9:15</b> – Spa/Manicures – 2NC  <b>9:45</b> - Bowling – NHR  <b>10:45</b> – Music Appreciation – 3AL  <b>11:00</b> – <b>Lunch Outing: Chili's; Cost: \$10</b>  <b>11:15</b> – Sit & Fit – NHR  <b>1:30</b> – Open Art Studio – ML  <b>2:00</b> – Catholic Mass – NHR  <b>3:00</b> – Bingo – NHR  <b>6:15</b> – Evening Relaxation – ML	<b>8:45</b> - What's Happening! – 1NC  <b>9:15</b> - Stretch it Out! – ML  <b>9:30</b> – Kitchenless Cooking – 2AL  <b>9:45</b> - Current Events – BF  <b>10:30</b> – Bible Study – NHR  <b>11:00</b> – Senior Olympics – MR  <b>2:00</b> – Pray the Rosary – NHR  <b>2:15</b> – Gab & Games – 3AL  <b>3:00</b> - Piano with Paul Hutton – NHR  <b>3:00</b> – Porch Group – MR  <b>6:15</b> – Yarn Art – ML	<b>8:45</b> – Spa/Manicures – 3NC  <b>10:00</b> Think About It! – ML  <b>10:30</b> – Drum Circle - NHR  <b>2:00</b> – Happy Hour Bingo – NHR  <b>3:00</b> – Piano Recital – NHR  <b>6:15</b> – Name That Tune! – 3N

NHR: Heritage Room ML: Mulligan Lobby MR: Meditation Room R: Riley's		<b>Norwood Crossing            Activity Calendar            February 12 – February 18</b>				AL: Assisted Living NC: Northcott AS: Art Studio BF: Brain Fitness	
Sunday February 12	Monday February 13	Tuesday February 14	Wednesday February 15	Thursday February 16	Friday February 17	Saturday February 18	
<b>9:00</b> – Outing: Catholic Mass at IC  <b>10:15</b> - Church Service – NHR  <b>1:30</b> – Movie: <i>The Other Sister</i> (1999; 2h) - NHR  <b>3:00</b> – Card Making – 3AL  <b>6:15</b> – Expressive Art – 4N  <b>6:30</b> – Trivial Pursuit – 3AL	<b>9:00</b> – Table Talk – 1NC  <b>9:15</b> – Spa/Manicures – 1NC  <b>10:15</b> – Spa/Manicures – 2AL  <b>10:15</b> – Storytelling with your Body - NHR  <b>11:00</b> – Forever Fit - NHR  <b>2:00</b> – Pokeno – NHR  <b>3:00</b> – Piano with Paul Hutton – NHR  <b>3:15</b> – Parkinson Living Room – MR  <b>6:15</b> – Horse Racing – NHR  <b>6:15</b> – Expressive Art – 2N	<b>8:45</b> – Exercise Your Mind – 3NC  <b>9:15</b> – Create Your Way – 4AL  <b>10:15</b> – Hymn Fest – NHR  <b>11:00</b> – Sit & Fit – NHR  <b>2:00</b> – <b>Valentine's Day Cabaret! Live Entertainment</b> – NHR  <b>3:00</b> – Music Show rehearsal - ML  <b>6:15</b> – Virtual Art Museum – 3AL  <b>6:30</b> – Pray the Rosary - ML	<b>8:30</b> – Table Talk – 2NC  <b>9:45</b> – <b>Shopping: Target</b>  <b>10:00</b> – Team Jeopardy– 3AL  <b>11:00</b> – Forever Fit – NHR  <b>1:30</b> – Creative Corner– 2NC  <b>1:30</b> – Movie and popcorn – <i>A Very Special Favor</i> (1965; 1h45m) - NHR  <b>3:30</b> – Gutsy Dice – 2AL  <b>3:30</b> – BYOB Fitness Group - NHR  <b>6:15</b> – Expressive Music – 2N	<b>9:15</b> – Spa/Manicures – 2NC  <b>9:45</b> - Bowling – NHR  <b>10:45</b> – Music Appreciation – 3AL  <b>11:15</b> – Sit & Fit – NHR  <b>1:30</b> – Open Art Studio – ML  <b>2:00</b> – Catholic Mass – NHR  <b>3:00</b> – Bingo – NHR  <b>6:15</b> – Evening Relaxation – ML	<b>8:45</b> - What's Happening! – 1NC  <b>9:15</b> - Stretch it Out! – ML  <b>9:30</b> – Kitchenless Cooking – 2AL  <b>9:45</b> - Current Events – BF  <b>10:30</b> – Bible Study – NHR  <b>11:00</b> – Senior Olympics – MR  <b>2:00</b> – Pray the Rosary – NHR  <b>2:15</b> – Gab & Games – 3AL  <b>3:00</b> - Piano with Paul Hutton – NHR  <b>3:00</b> – Porch Group – MR  <b>6:15</b> – Yarn Art – ML	<b>8:45</b> – Spa/Manicures – 3NC  <b>10:00</b> Think About It! – ML  <b>10:30</b> – Drum Circle - NHR  <b>2:00</b> – Happy Hour Bingo – NHR  <b>3:00</b> – Piano Recital – NHR  <b>3:15</b> – Handbell Choir– NHR  <b>6:15</b> – Saturday Night at the Movies: <i>Driving Miss Daisy</i> (1989; 1h53m)	

NHR: Heritage Room ML: Mulligan Lobby MR: Meditation Room R: Riley's		<b>Norwood Crossing Activity Calendar February 19 – February 25</b>				AL: Assisted Living NC: Northcott AS: Art Studio BF: Brain Fitness	
<b>Sunday February 19</b>	<b>Monday February 20</b>	<b>Tuesday February 21</b>	<b>Wednesday February 22</b>	<b>Thursday February 23</b>	<b>Friday February 24</b>	<b>Saturday February 25</b>	
<b>9:00</b> – Outing: Catholic Mass at IC  <b>10:15</b> - Church Service – NHR  <b>2:00</b> – Dance Around the World – 3AL  <b>1:30</b> – Movie: - <i>The Hundred Foot Journey</i> (2014; 2h)  <b>3:00</b> – Card Making – 3AL  <b>6:15</b> – Expressive Art – 4N  <b>6:15</b> – Expressive Movement – 2N  <b>6:30</b> – Trivial Pursuit – 3AL	<b>9:00</b> – Table Talk – 1NC  <b>9:15</b> – Spa/Manicures – 1NC  <b>10:15</b> – Spa/Manicures – 2AL  <b>10:15</b> – Storytelling with your Body - NHR  <b>11:00</b> – Forever Fit - NHR  <b>2:00</b> – Pokeno – NHR  <b>3:00</b> – Piano with Paul Hutton – NHR  <b>3:15</b> – Parkinson Living Room – MR  <b>6:15</b> – Horse Racing – NHR  <b>6:15</b> – Expressive Art – 2N	<b>8:45</b> – Exercise Your Mind – 3NC  <b>9:15</b> – Create Your Way – 4AL  <b>10:15</b> – Hymn Fest – NHR  <b>11:00</b> – Sit & Fit – NHR  <b>1:30</b> – <b>Food Forum</b> – <b>NHR</b>  <b>2:15</b> – Men's Club - NHR  <b>3:00</b> – Music Show Rehearsal – NHR  <b>6:15</b> – Virtual Art Museum – 3AL  <b>6:30</b> – Pray the Rosary - ML	<b>8:30</b> – Table Talk – 2NC  <b>9:45</b> – Shopping: Marshall's  <b>10:15</b> – Discovering Chicago – 3AL  <b>11:00</b> – Forever Fit – NHR  <b>1:30</b> – Creative Corner – 2NC  <b>1:30</b> – Movie and popcorn – <i>Working Girl</i> (1988; 1h53m) –NHR  <b>2:15</b> – Women's Club – 3AL  <b>3:30</b> – BYOB Fitness Group- NHR  <b>6:15</b> – Expressive Music – 2N	<b>9:15</b> – Spa/Manicures – 2NC  <b>9:45</b> - Bowling – NHR  <b>10:45</b> – Music Appreciation – 3AL  <b>11:15</b> – Sit & Fit – NHR  <b>1:30</b> – Open Art Studio – ML  <b>2:00</b> – Catholic Mass – NHR  <b>3:00</b> – <b>Resident Council</b> – <b>NHR</b>  <b>6:15</b> – Evening Relaxation – ML	<b>8:45</b> - What's Happening! – 1NC  <b>9:15</b> - Stretch it Out! – ML  <b>9:30</b> – Kitchenless Cooking – 2AL  <b>9:45</b> - Current Events – BF  <b>10:30</b> – Bible Study – NHR  <b>11:00</b> – Senior Olympics – MR  <b>2:00</b> – Pray the Rosary – NHR  <b>2:15</b> – Gab & Games – 3AL  <b>3:00</b> - Piano with Paul Hutton – NHR  <b>3:00</b> – Porch Group – MR  <b>6:15</b> – Yarn Art – ML	<b>8:45</b> – Spa/Manicures – 3NC  <b>10:00</b> Think About It! – ML  <b>10:30</b> – Drum Circle - NHR  <b>2:00</b> – Happy Hour Bingo – NHR  <b>3:15</b> – Handbell Choir– NHR  <b>6:15</b> – Name That Tune! – 3N	

NHR: Heritage Room ML: Mulligan Lobby MR: Meditation Room R: Riley's		<b>Norwood Crossing Activity Calendar February 26 – March 4</b>				AL: Assisted Living NC: Northcott AS: Art Studio BF: Brain Fitness	
<b>Sunday February 26</b>	<b>Monday February 27</b>	<b>Tuesday February 28</b>	<b>Wednesday March 1</b>	<b>Thursday March 2</b>	<b>Friday March 3</b>	<b>Saturday March 4</b>	
<b>9:00</b> – Outing: Catholic Mass at IC  <b>10:15</b> - Church Service – NHR  <b>2:00</b> – Dance Around the World – 3AL  <b>1:30</b> – Movie: - <i>The Sons of Katie Elder</i> (1965; 2h1m) – NHR  <b>3:00</b> – Card Making – 3AL  <b>6:15</b> – Expressive Art – 4N  <b>6:15</b> – Expressive Movement – 2N  <b>6:30</b> – Trivial Pursuit – 3AL	<b>9:00</b> – Table Talk – 1NC  <b>9:15</b> – Spa/Manicures – 1NC  <b>10:15</b> – Spa/Manicures – 2AL  <b>10:15</b> – Storytelling with your Body - NHR  <b>11:00</b> – Forever Fit - NHR  <b>2:00</b> – Pokeno – NHR  <b>3:00</b> – Piano with Paul Hutton – NHR  <b>3:15</b> – Parkinson Living Room – MR  <b>6:15</b> – Horse Racing – NHR  <b>6:15</b> – Expressive Art – 2N	<b>8:45</b> – Exercise Your Mind – 3NC  <b>9:15</b> – Create Your Way – 4AL  <b>10:15</b> – Hymn Fest – NHR  <b>11:00</b> – Sit & Fit – NHR  <b>2:00</b> – <b>Mardi Gras Party with Live Entertainment!</b> – NHR  <b>3:00</b> – Music Show rehearsal – ML  <b>6:15</b> – Virtual Art Museum – 3AL  <b>6:30</b> – Pray the Rosary - ML	<b>8:30</b> – Table Talk – 2NC  <b>9:45</b> – <b>Shopping: Dollar Store</b>  <b>10:00</b> – Team Jeopardy – 3AL  <b>11:00</b> – Forever Fit – NHR  <b>1:30</b> – Creative Corner – 2NC  <b>1:30</b> – Movie – <i>Men in Black</i> (1997, 1h38m)  <b>3:30</b> – BYOB Fitness Group - NHR  <b>6:15</b> – Expressive Music – 2N	<b>9:15</b> – Spa/Manicures – 2NC  <b>9:45</b> - Bowling – NHR  <b>10:45</b> – Music Appreciation – 3AL  <b>11:15</b> – Sit & Fit – NHR  <b>1:30</b> – Open Art Studio – ML  <b>2:00</b> – Catholic Mass – NHR  <b>3:00</b> – Bingo – NHR  <b>6:15</b> – Evening Relaxation – ML	<b>8:45</b> - What's Happening! – 1NC  <b>9:15</b> - Stretch it Out! – ML  <b>9:30</b> – Kitchenless Cooking – 2AL  <b>9:45</b> - Current Events – BF  <b>10:30</b> – Bible Study – NHR  <b>11:00</b> – Senior Olympics – MR  <b>2:00</b> – Pray the Rosary – NHR  <b>2:15</b> – Gab & Games – 3AL  <b>3:00</b> - Piano with Paul Hutton – NHR  <b>3:00</b> – Porch Group – MR  <b>6:15</b> – Yarn Art – ML	<b>8:45</b> – Spa/Manicures – 3NC  <b>10:00</b> Think About It! – ML  <b>10:30</b> – Drum Circle- NHR  <b>2:00</b> – Happy Hour Bingo – R  <b>3:15</b> – Handbell Choir– NHR  <b>6:15</b> – Name That Tune! – 3N	



# Norwood Crossing Calendar of Events

2017

Love is the only force capable of transforming an enemy into a friend. –  
Martin Luther King, Jr.

## SPECIAL EVENTS IN FEBRUARY

February 1, 2:00: Bonnie McFarland memorial bingo, sponsored by her friends – NHR

February 3: Wear Red Day for heart health awareness

February 5, 2:30: Service of the Four Chaplains – NHR

February 9, 11:00: Lunch outing to Chili's; Cost: \$10.00

February 11, 3:00: Piano Recital – NHR

February 14, 2:00: Valentine's Day Cabaret with live entertainment – NHR

February 21, 1:30: Food Forum – NHR

February 23, 3:00: Resident Council - NHR

February 28, 2:00: Mardi Gras Party with live entertainment – NHR

**There will be no Expressive Movement Therapy activities from January 26 – February 12.**

## NEW THIS MONTH:

Handbell Choir with Jessica, Saturdays, 3:15 PM – NHR

Team Jeopardy – Every other Wednesday, 10:00 – 3AL

### REHEARSALS FOR SPRING MUSIC SHOW:

Tuesday, February 7, 3:00 – NHR

Tuesday, February 14, 3:00 – ML

BYOB Fitness Group – Wednesdays – 3:30 PM NHR

Tuesday, February 21, 3:00 – NHR

Tuesday, February 28, 3:00 – ML