

Our Art Therapists

Kaye Pryor, MAAT, LPC

Kaye is an art therapist and licensed professional counselor. She is a graduate of the School of the Art Institute of Chicago with a Master's of Arts in Art therapy. She is currently supervisor of the Expressive Arts program.

Thomas Lindquist, MAT, LPC

Tom is an art therapist and licensed professional counselor. He is a graduate of the Adler School of Professional Psychology with a Master's of Arts in Counseling Psychology & Art Therapy.



Visit www.arttherapy.org for more information about art therapy.



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Norwood Crossing
Reshaping Aging™

Art Therapy



"No Straight Lines Required!"

Art Therapy



Art therapists are professionals trained in both art and therapy. They are knowledgeable about human development, psychological theories, clinical practice, spiritual, multicultural and artistic traditions, and the healing potential of art. They use art in treatment, assessment and research, and provide consultations to allied professionals. Art therapists work with people of all ages: individuals, couples, families, groups and communities. They provide services, individually and as part of clinical teams, in settings that include mental health, rehabilitation, medical and forensic institutions; community outreach programs; wellness centers; schools; nursing homes; corporate structures; open studios and independent practices.

American Art Therapy Association (2010).

Benefits



Art therapy is a mental health profession that uses the creative process of art making to improve and enhance the physical, mental and emotional well-being of individuals of all ages. It is based on the belief that the creative process involved in artistic self-expression helps people to resolve conflicts and problems, develop interpersonal skills, manage behavior, reduce stress, increase self-esteem and self-awareness, and achieve insight.

Currently, the field of art therapy has gained attention in health-care facilities throughout the United States and within psychiatry, psychology, counseling, education, and the arts.

American Art Therapy Association (2010).

Currently Offering

Expressive Arts:

Expressive arts groups are provided to all areas of the community on a weekly basis. Projects are tailored to each individual resident's interests, abilities, and needs. In addition, Norwood Crossing hosts biannual art exhibitions. Art studio groups include:

- Open Art Studio/Explore Art
- Knitting/Crocheting
- Drawings on Memories

Although art therapy is not performed during these groups, aspects of art therapy are utilized for the benefit of participants.

Art Therapy:

Individual and group art therapy is provided based on need and availability. In addition, our art therapists provide one-on-one visits for all Medicare residents. Moreover, our art therapists lead a family support group in the art studio on a weekly basis, which is open to all families and friends of residents.